

Ways Parents Can Help with Student-led ARDs

STUDENT PERSPECTIVE	PARENT PERSPECTIVE	TEACHER PERSPECTIVE
<ul style="list-style-type: none"> • Be supportive • Help fill out paperwork • Help us understand work • Use counselor at high school or college – when parents aren't able to help • Help with transportation to school or other important things • Financial issues • Parents can speak or write for you (At an ARD) • Help with where we live • Help you prepare for adult life • Help set up PowerPoint presentation • Help put together a slide show • Help sign papers • Help me write a paper • Support me • Type my thoughts • By telling us to go to school • Getting help w/ homework • Helping with student loans • Helping out with an application 	<ul style="list-style-type: none"> • A parent can be your voice • They can help decide your classes/ electives • Question you about who you might want to invite to your ARD • Help you find a job • Help you get your job (ex. drive you or set up Care B transportation) • Role Play (ex. if you are made fun of they can give you suggestions on how you might should react) • Internet searching • Understand disability – parent, child & teacher • Help with reading, math, etc. • Meeting with DARS • Help preparing ARD agenda • Help with life skills (money mgmt, homework) • Help with independent living resource • Help find their voices (At ARDs, college, work, etc.) 	<ul style="list-style-type: none"> • Parents to show up at meetings (even at 18 yrs and over) • Communicate with staff and students about progress and transition • Let child have a voice (encourage child to have a voice) • Support Career Goals • Support School

<ul style="list-style-type: none">• Open ears & mouth shut• Help with problems• Have our families be at our graduation• Encourage us• Help find resources• Help us to remember to ask questions• Be our “BIGGEST” advocate• Knowing everything about me and wanting the best for me• Try to see from the child’s perspective• Parent can keep in touch with child’s progress• Parent should be more agreeable• Parent can be our advocate• Mom ask me more questions• Mom show some interest in my ARD meeting• Mom and/or Dad please attend my meeting• Mom/Dad help me get to school on time	<ul style="list-style-type: none">• Encourage them they are wonderful• Educate the school and community not to put child down• Talk to other parents for support• Find out what is available at school (resources)• Websites – for legal frame work and ECS 2	
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